

June 2018

Weight Room Schedule

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5 6:00-7:00 HS Boys 7:00-7:45 HS Girls 7:45 - 8:30 HS/ JH 8:30-9:15 HS Boys	6	7 6:00-7:00 HS Boys 7:00-7:45 HS Girls 7:45 - 8:30 HS/ JH 8:30-9:15 HS Boys	8	9
10 6:30— 9:00pm HS Boys & Girls	11	12 6:00-7:00 HS Boys 7:00-7:45 HS Girls 7:45 - 8:30 HS/ JH 8:30-9:15 HS Boys	13	14 6:00-7:00 HS Boys 7:00-7:45 HS Girls 7:45 - 8:30 HS/ JH 8:30-9:15 HS Boys	15	16
17 6:30— 9:00pm HS Boys & Girls	18	19 6:00-7:00 HS Boys 7:00-7:45 HS Girls 7:45 - 8:30 HS/ JH 8:30-9:15 HS Boys	20	21 6:00-7:00 HS Boys 7:00-7:45 HS Girls 7:45 - 8:30 HS/ JH 8:30-9:15 HS Boys	22	23
24 6:30— 9:00pm HS Boys & Girls	25	26 6:00-7:00 HS Boys 7:00-7:45 HS Girls 7:45 - 8:30 HS/ JH 8:30-9:15 HS Boys	27	28 6:00-7:00 HS Boys 7:00-7:45 HS Girls 7:45 - 8:30 HS/ JH 8:30-9:15 HS Boys	29	30